



What is a day at the Game Day Sports Camp Like?

Each day at the Game Day Sports Camp is different as we have new skills building activities and games related to the sport theme of the week each day. Campers are split into small groups with other kids their age and work through stations set up throughout the day. We believe kids need free play and not a full day of organized activities so we provide structure throughout the day, but encourage kids to be creative while being active!

A typical schedule at the Game Day Sports Camp will follow the below structure:

7:00am-8:30am:

Camper Drop Off: Campers enjoy free time for active sports and activities, board games or breakfast they have brought from home.

8:30am-12:00pm:

Focused Sport Skills: Campers learn specific sport skills from trained and qualified instructors. This includes an on-ice hockey option along with other sport activities in Graham Arena Two.

12:00pm-1:00pm:

Lunch and Rest: Campers enjoy their meal cafeteria style either with a lunch they have brought or lunch purchased from our catering program. Following lunch, Campers can relax and read or play board games and cards with friends or watch age appropriate programs on the TV.

1:00pm-3:30pm:

Focused Sport Play: Campers apply specific sport skills during fun, fast-paced games and activities. This includes on-ice hockey skills instruction and games along with activities and sport games in Graham Arena Two. These fully supervised sessions are both fun and challenging and will inspire and create competitive based team building skills.

3:30pm-5:00pm:

Camper Pick Up: Campers can practice their new skills or play their favorite games during multi-sport free time with the coaches. Movies are also available to watch as the day winds down.

* Early arrival and late pick-up options are available with but require pre-arrangements.

BREAKAWAY FROM YOUR NORMAL SUMMER DAYCARE. Hockey focused day camp mixed with multi-sport activities. Days are divided into free play, focused sport play and instruction, lunchtime, relax/movie time, and more. The Game Day Sports Camp provides up to six active hours of sport specific training and multi-sport games led by qualified instructors each day.



"Keeping Kids Active Through Sport"